## The uses of surveillance in environnemental health

The case of transportation

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# Mandate of the Montréal public health department

- Inform the population on such issues as their state of health, priority health problems, vulnerable groups, risk factors and efficient interventions
- Follow the evolution of the public's health and conduct appropriate research
- Ensure that the required preventive measures are adopted by the appropriate authorities
- Act as a teaching center in the field of public health

### Who we are Urban environment and health sector

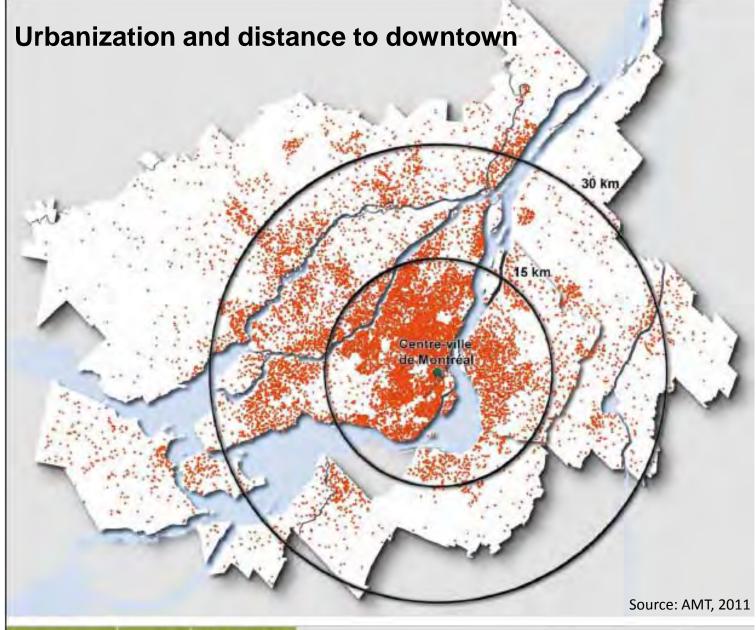
- Multidisciplinary team of MDs and 20 professionals (epidemiologists, toxicologists, urbanist, nutritionist, hygienist, health promotion practitioner, geographic information system specialist (GIS), evaluation specialist, etc.)
- Focusing on the impact of the built environment on public health and the development of efficient interventions
- Working in collaboration with researchers (UQAM, University of Montréal, McGill University) and in the university hospital research centers

### Use of surveillance

- Influence healthy public policies
- Support mobilization of partners
- Evaluate public health impact of interventions

## Montreal metropolitan region: Increasing presence of cars 1987-2008

- Trips by automobile (AM peak rush hour):
  + 39%
- Number of cars: + 49% (+35 000 per year in the past 5 years)
- Population growth: + 19%



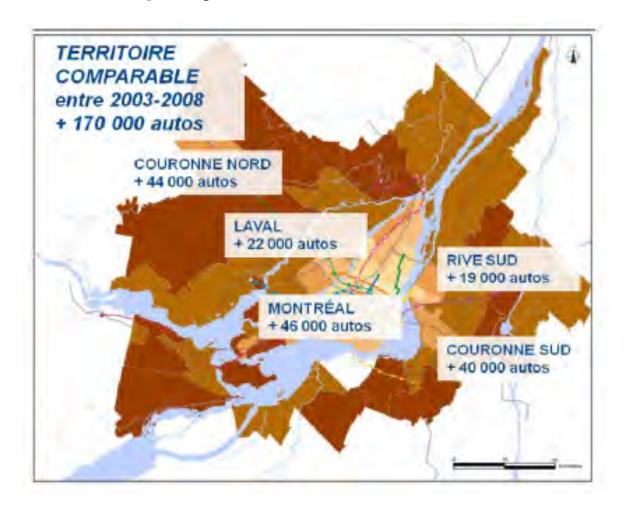
Distance du centre-ville	Population centre-ville	% de la population du Grand Montréal
Moins de 15 km	2 125 000	60,3 %
15 à 30 km	1 129 000	32,0 %
Plus de 30 km	270 000	7.7 %

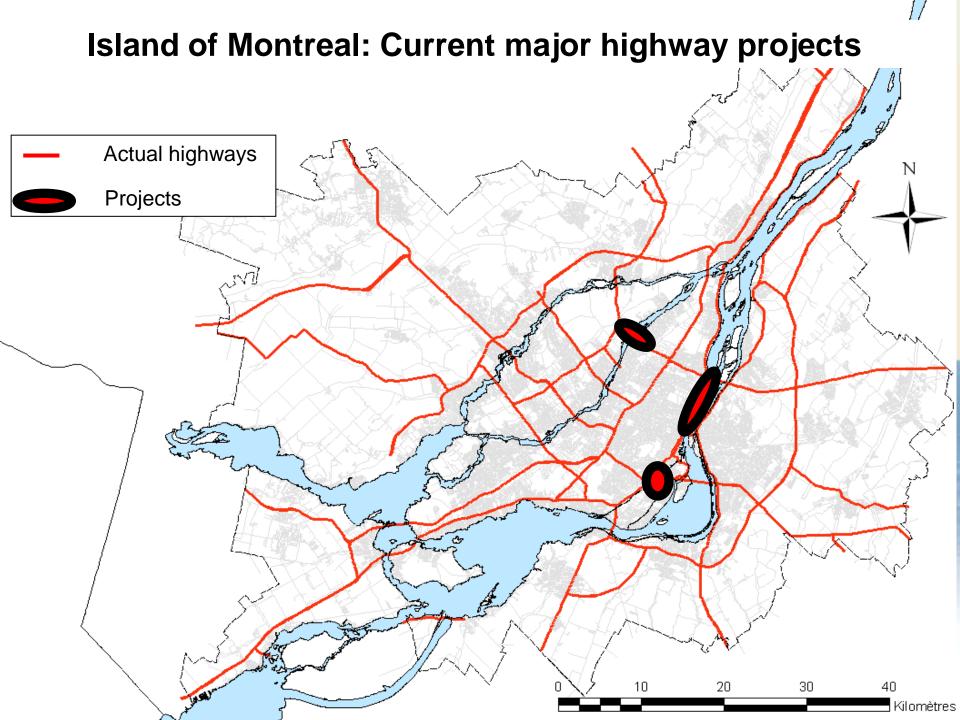
1 point = 250 personnes

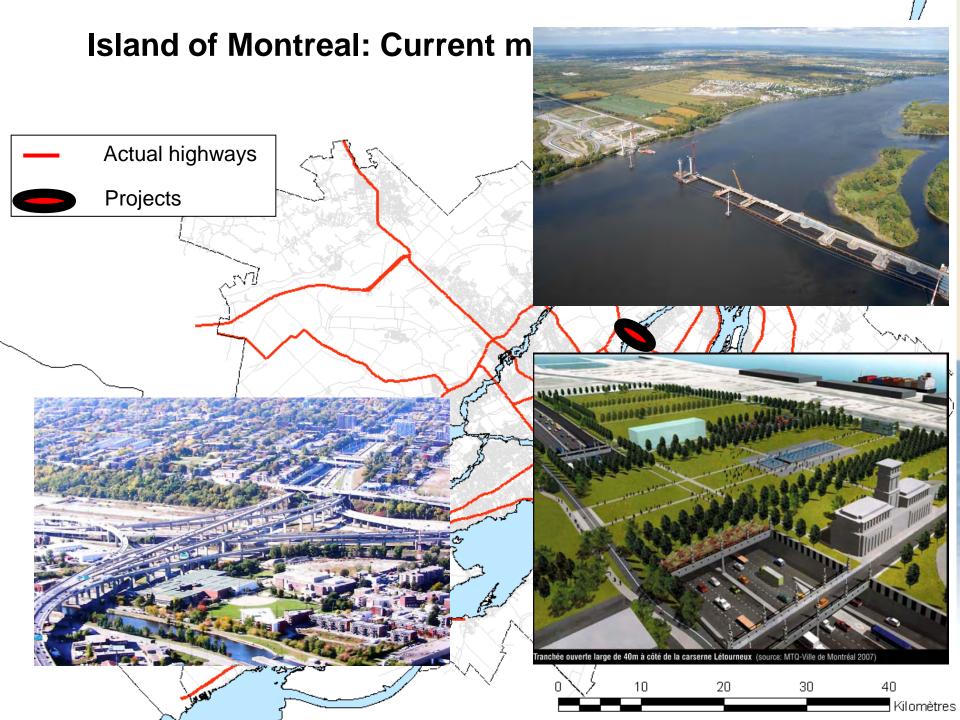


# Context Demography and Employment

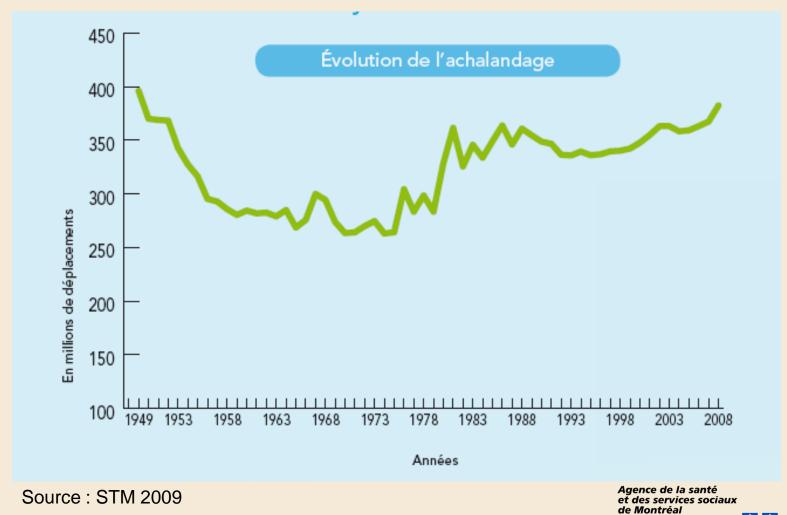
- Growing population in the metropolitan area
- Significant growth in motorization
- Maintaining the importance of activity centers in the downtown core

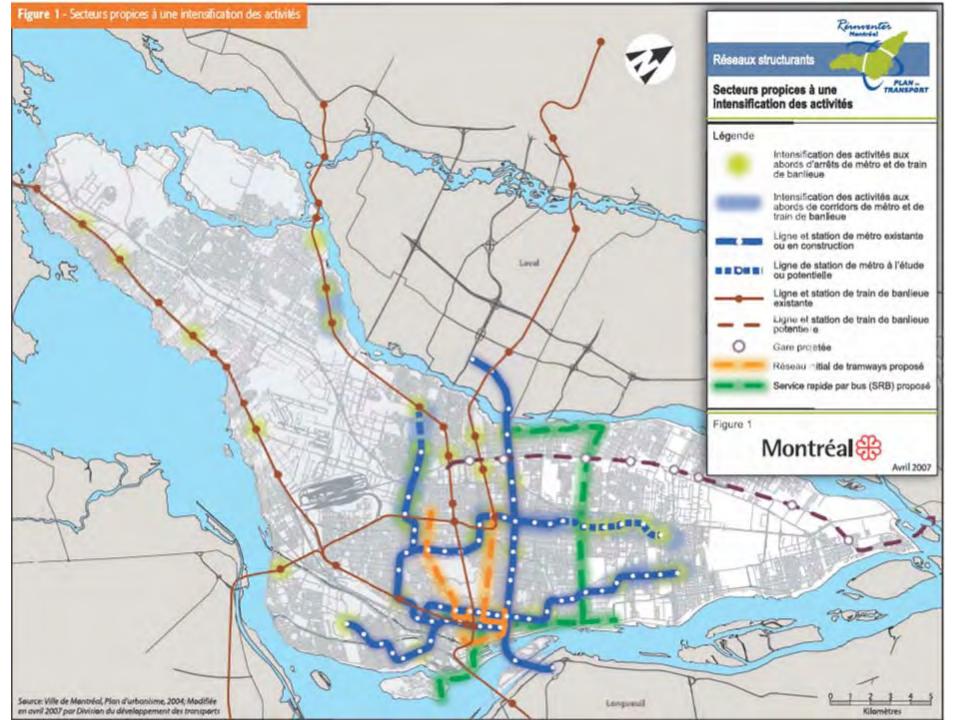






## Evolution of the numbers of passengers using public transportation





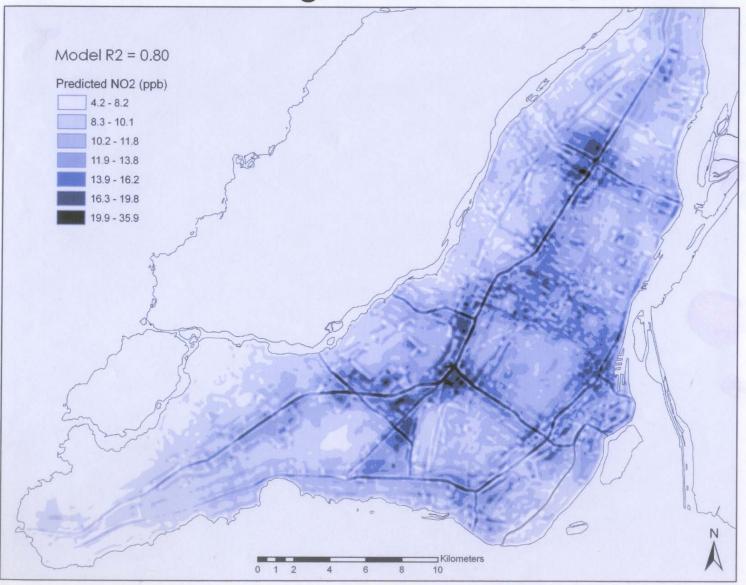
# Environmental and health impacts of the transportation system

Health

**Environment** 

	Hoalth
Air quality	Cardio-respiratory diseases, asthma
Climate change, heat islands	Cardio-respiratory mortality and morbidity
Road safety	Road injuries Walking and cycling
Physical activity	Overweight and obesity Diabetes
Noise	Sleep disturbance Hypertension
Mobility, accessibility	Exclusion

## NO<sub>2</sub> à Montréal Crouse, Goldberg et Ross 2009, soumis



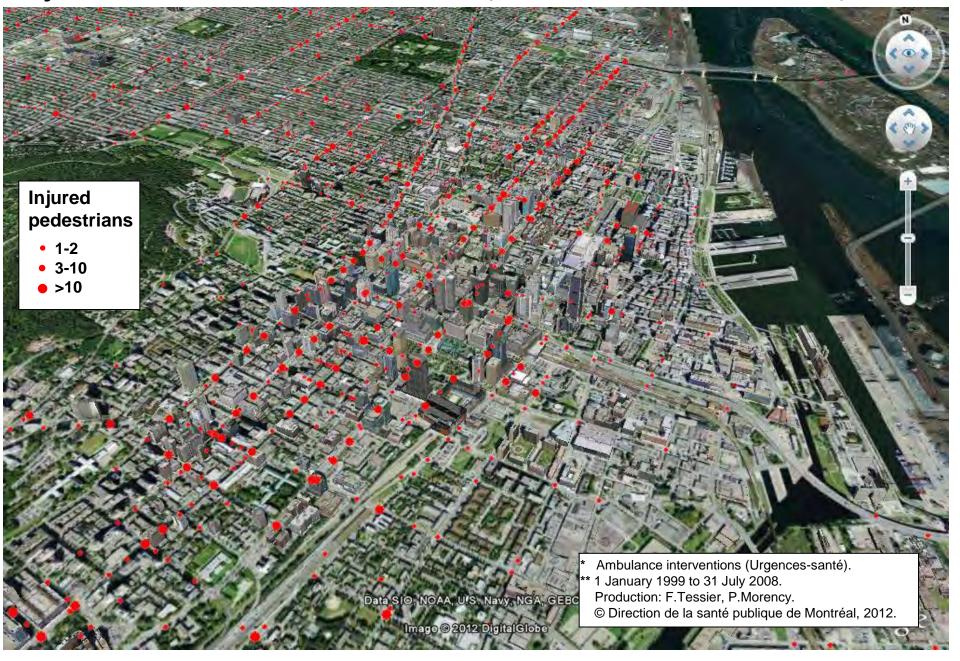
# Odds ratio - Hospitalizations for respiratory conditions (over 60 years of age) according to exposure to AM peak traffic

Catégorie de trafic	Nombre de cas (%)	Nombre de témoins (%)	RC (IC95%)	RC ajustés pour le SSE (IC95%)
< 3160 véhicules	5 322 (91,7%)	36 725 (93,5%)	1.00	1.00
3160-7700 véhicules	345 (5,9%)	1 922 (4,9%)	1.24 (1.10-1.39) p<0.001	1.07 (0.95-1.20) p=0.28
>7700 véhicules	138 (2,4%)	613 (1,6%)	1.55 (1.29-1.87) p<0.001	1.30 (1.07-1.57) p=0.007

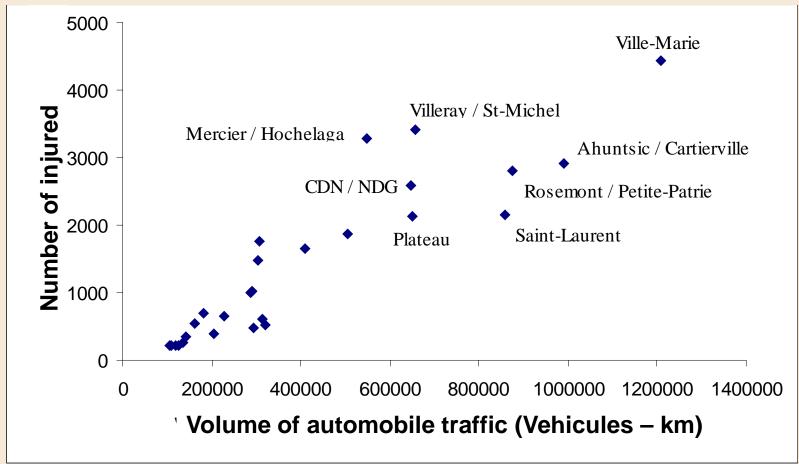
Smargiassi et al., 2005

Estimation des niveaux de bruit le jour par un modèle de type "Land use regression", Montréal, été 2011 Niveau de bruit 40 - 48 49 - 50 51 - 52 53 - 54 55 - 56 57 - 58 59 - 60 61 - 62 63 - 64 65 - 66 67 - 68 69 - 70 /1 - /2 73 - 74 75 - 76 77 - 78 79 - 80 81 - 89 Secteur rési Projection: NAD83 MTM zone 8 Sources de données Direction de santé p de Montréal, Ville de Montréal Cartographie: 5. Goudreau (2012) Kilomètres Agence de la santé

### Injured PEDESTRIANS\* (Montréal, 1999-2008)



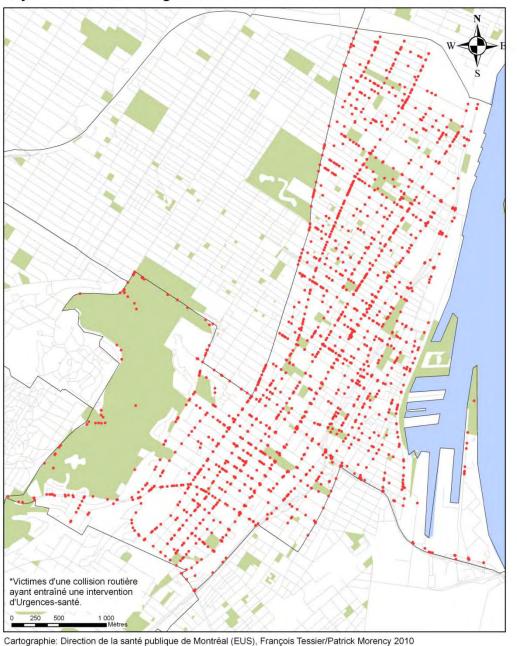
# Context The number of road injuries increases with the volume of traffic



Source : P Morency, MS Cloutier, Urgences-santé 1999-2003; C. Morency. Enquête O-D 1998.



Pedestrians, cyclists, motorcyclists and motor vehicle occupants injured in the borough of Ville-Marie\* 01/01/99 to 31/07/2008

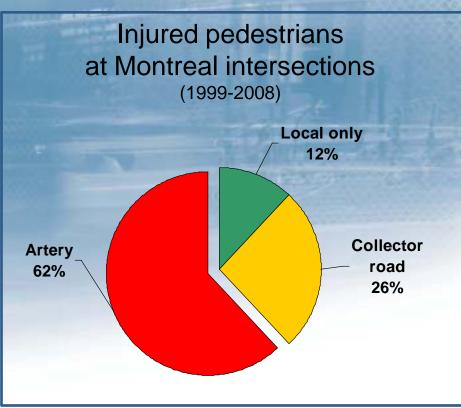


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## Major roads, « arteries »





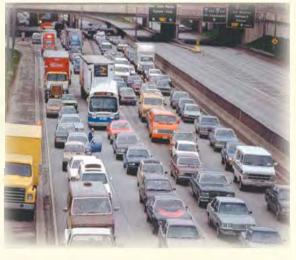
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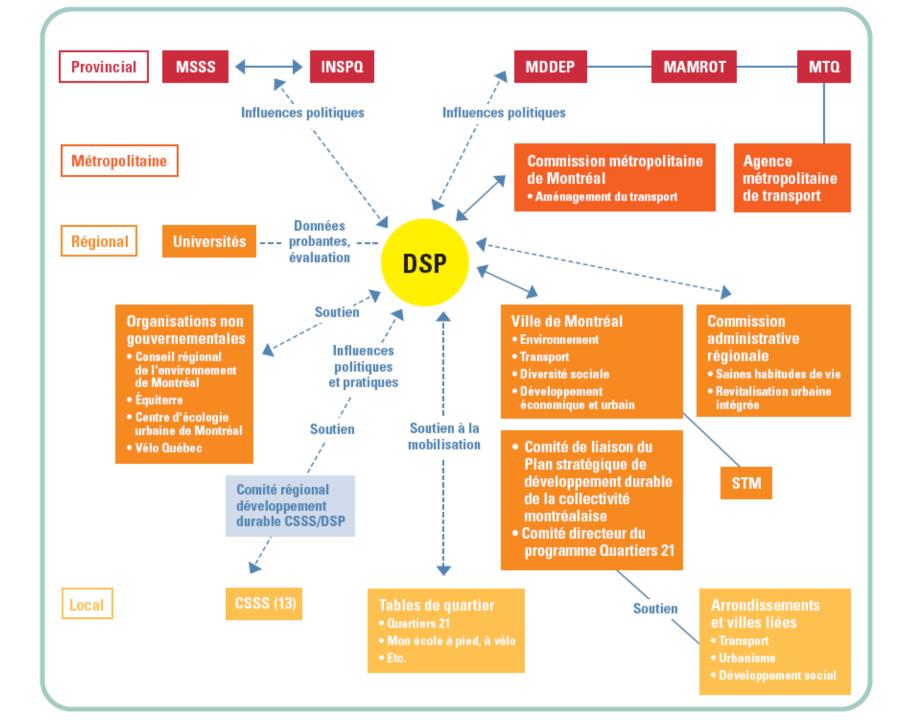


# Transportation: Modernize mobility

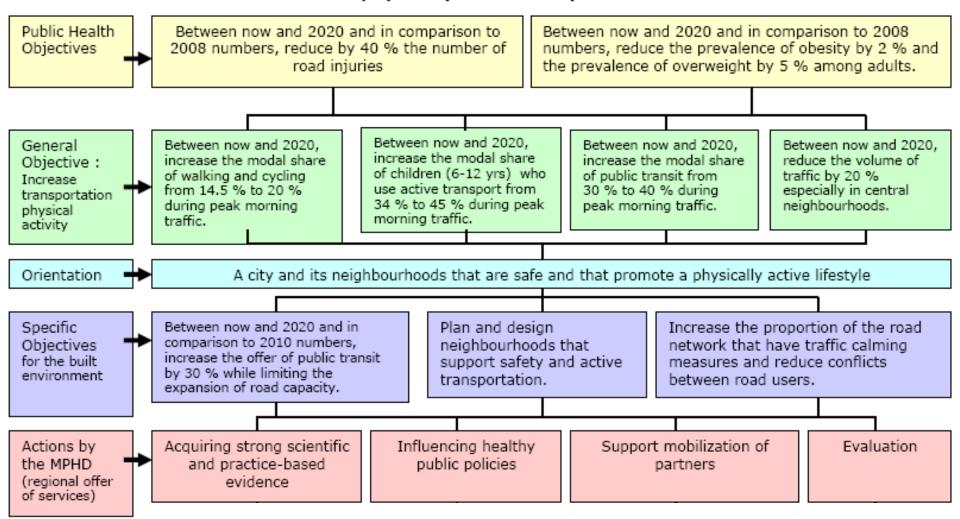




- Stop increasing road capacity
- Priority to public transit
- Integration of land use & transportation planning (TOD)
- Compact neighbourhood and traffic calming



### <u>Sub-orientation</u>: Towards a city and neighbourhoods that are safe and that promote a physically active lifestyle



# Appropriate research and surveillance

- Geographic distribution of road injuries
- Research on the impact of traffic volume and road design on public health
- Platform for the quantification of health risks and benefits of transportation and land use planning (local, regional and metropolitan levels)
- Built environment and health observatory
- Diffusion to key stakeholders (media, professionnals, policy makers, NGOs and politicians)

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## Independent research

### **ORIGINAL ARTICLE**

From targeted 'black spots' to area-wide pedestrian safety

P Morency, M-S Cloutier

See linked commentary, p 356

Injury Prevention 2006;12:360-364. doi: 10.1136/ip.2006.013326

### **Brief report**

## Risk of injury for bicycling on cycle tracks versus in the street

Anne C Lusk,<sup>1</sup> Peter G Furth,<sup>2</sup> Patrick Morency,<sup>3,4</sup> Luis F Miranda-Moreno,<sup>5</sup> Walter C Willett,<sup>1,6</sup> Jack T Dennerlein<sup>7,8</sup>

The link between built environment, pedestrian activity and pedestrian-vehicle collision occurrence at signalized intersections

Luis F. Miranda-Moreno<sup>a,\*</sup>, Patrick Morency<sup>b,1</sup>, Ahmed M. El-Geneidy<sup>c,2</sup>

- Department of Civil Engineering and Applied Mechanics, McGill University, Canada
- <sup>b</sup> Montreal Department of Public Health, Montreal, Canada
- c School of Urban Planning, McGill University, Montreal, Quebec H3A 2K6, Canada



Influence Public Policy Support Community

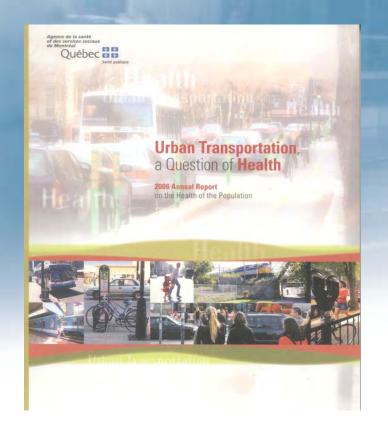
Mobilization

Evaluate Intervention

- Be very active in the public debate at multiple levels to provide public health advisories using health impact assesment data and the best practices
  - Federal (national public transit infrastructure plan)
  - Provincial (a shift from car oriented to transit oriented development)
  - Metropolitan (transit oriented developement plan)
  - Regional (public transit and cyclist infrastructures)
  - Local (compact neighbourhood design, traffic calming and safe pedestrian infrastructure)
- Integrate health impact assessments into economic and environmental impact assessments of specific transport and infrastructure projects (sustainable impact assessment)

## Making the diagnosis public

### **Publications**



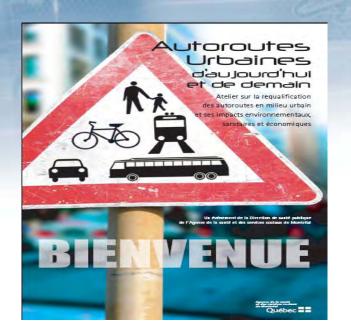
### Media coverage

Montréal victime de l'auto

Les autorités proposent un sérieux coup de barre pour protéger la santé publique



### **Public events**



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Actions of the Public Health Department Appropriate
Research and
surveillance

Influence Public Policy Support Community Mobilization

Evaluate Intervention

- Sharing best practices with NGOs, engineers, urban planners, public health professionnals, politicians, etc. at multiple levels
- Financial support for NGOs
  - « Quartier 21 »
  - « Quartiers verts actifs et en santé »
  - Transit coalition (increase financing of public transit)
- Provide new tools (ex.: walkability audits) and health data associated with the built environment

# Supporting community mobilisation

### **NGOs**



### **Citizens**



Photo Alexandra Viau

### **Universities**



Actions of the Public Health Department Appropriate
Research and
surveillance

Influence Public Policy **Support Community Mobilization** 

Evaluate Intervention

- Bixi bike sharing system
- Community mobilisation: CLASP Project
- Transport Plan at the metropolitan level
- Share the results and recommandations with key stakeholders

### Conclusion

- Providing public health data linked with the built environment is crucial to orient decision making process at all levels (ex.: mobility plan)
- Multidisciplinary team and partnership with universities is necessary
- Key stakeholders must be involved in the process
- Communication strategy is a key factor of success



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